

INTEGRATIVE PARENTING FOR ATTACHMENT TRAUMA

A CLASS FOR FOSTER AND ADOPTIVE PARENTS
WITH RACHEL PRUESS, LCSW

**CURRICULUM FROM THE ATTACHMENT AND
TRAUMA CENTER OF NEBRASKA
FIVE 2-HOUR SESSIONS:**

- 1) SCARED - NOT "SCARY" CHILDREN
- 2) CREATING CONNECTIONS
- 3) SOLUTIONS TO CHALLENGING BEHAVIORS
- 4) BECOMING A HAPPIER PARENT
- 5) BOUNDARIES & CONSEQUENCES
WITH LOVE & ATTUNEMENT

**COURSE FEE:
\$75 PER PERSON OR \$125 PER COUPLE
BROWN BAG LUNCH**

**FRIDAYS 11AM TO 1PM
OCTOBER 13TH THROUGH NOVEMBER 10TH**

**AT ADVENTURE WORKS
1211 SYCAMORE RD IN DEKALB**

**TO REGISTER:
CALL 815-517-0825
OR EMAIL
RACHEL@ADVENTUREWORKSDEKALB.ORG**