



In partnership with the DeKalb County Community Mental Health Board and DeKalb County Nonprofit Partnership (DCNP)

Verbal De-Escalation Training

Free Training – All Welcome

Tuesday, August 16, 2022

Attend only **ONE** of the following:

AM session: 9:00 am - 11:00 am

PM session: 3:00 pm - 5:00 pm

Five Seasons Room, Community Outreach Building
2500 N. Annie Glidden Rd. DeKalb, IL 60115



What is Verbal De-Escalation?

Transferring your sense of calm and genuine interest to the individual by using good communication.

Who Should Take the Course:

Employers, Police Officers, Hospital Staff, First Responders, Veterans, Faith Leaders, Community Members, Caring Individuals

What it Covers:

- Basic verbal de-escalation techniques
- Causes for disruptive behavior
- Warning signs for disruptive behavior
- How to debrief after utilizing verbal de-escalation techniques

For More Information and to Register:

Contact Sarah Moses to register at Sarah.moses@nm.org

Register by August 15, 2022

Instructors:

Abbie Ascencio, MSW, LCSW
Bridget Garrelts, LCPC, CADC
Christine Maxwell, MEd, LCPC
Darlene Seilheimer, MSW, LCSW

Behavioral Health Team Leads

